Interesting Facts:

Disability awareness began in 1945 as Congress enacted a law for the first week of October, “National Employ the Physically Handicapped Week”. Why 1945? Because the Veterans were coming home from World War II!

In 1962 Congress removed the “Physically” to encompass all disabilities!

In 1988 disability week was changed to a month!

Continued to page 2
NATIONAL DISABILITY EMPLOYEE AWARENESS MONTH

As a Transition Specialist/Job Coordinator at PCIL, we need to do much more to open the eyes of employers to understand that disabilities do not mean no abilities! Every day, people with disabilities contribute to many tasks. Some may not be good at math but excel in the arts, while others are very social. Everyone has something to offer. Now is the time to come together, educate, and acknowledge employees and employers.

1. You can print a poster from dol.gov/NDEAM and put up at your work.

2. Provide an opportunity for a youth with disabilities to job shadow at your job.

3. Encourage your employer to provide a position where workers of all abilities can support one another and share the work load. Geodis in Cranbury/Monroe area is now doing that and is having great success!

4. Flood Facebook with photos with people with disabilities working with the 2019 theme, “The Right Talent, Right Now.” Or Instagram with hashtag #RightTalentRightNow. Make sure you tag PCIL!

Opening more job opportunities to people with disabilities will mean all of us working together because people with disabilities are the RIGHT TALENT, RIGHT NOW!!

At the Progressive Center for Independent Living we are committed to supporting disability employment. If you are a job-seeker we can help you learn about what to expect from a work environment, prepare for interviews, create a resumé, learn job-seeking tools, understand your rights, and connect to additional employment training and supports. For businesses we offer an array of trainings and consultation services. If you are an inclusive business we
are always looking to partner for job sampling and placement. If you need assistance please contact us at (609) 581-4500.

Let’s make every month disability employment awareness month!

IN MEMORY OF JOE AMOROSO
By Reed Thomas

Humanitarian and political leader Nelson Mandela once said “What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead.” By that definition the life of Joseph M. Amoroso was indeed one of special significance. Whether through his role as the first Disability Services Coordinator of Montclair University, his time at DIAL Center for Independent Living, his roles as Manager of Information & Referral and Division Director of The NJ Department of Human Services; Division of Disability Services, or in his private life, Joe made a difference to many people, helping them tackle barriers, build connections to their communities, and live independently.

Sadly Joe passed away peacefully on Thursday, Sept. 5, 2019, surrounded by his loving family.

Illustration by Patrice Jetter
As I considered how I would construct this memorial article I decided that the best way to memorialize Joe was not through the facts that were printed in his obituary, but through the words of those who knew him. The following are some insights from folks who knew him:

“The community lost a great advocate who worked hard to empower people with disabilities to live in the community”

-Norman Smith, PCIL Board President, Co-Founder and President of Project Freedom

“I will always remember Joe as a VERY smart and funny young man who was EXTREMELY committed to supporting individuals with disabilities in their life’s journey. He always made himself available to people striving to make their lives better! He was fun to be around and he even gave a few of us CIL directors nicknames such as “The Negotiator”, “The Hammer”, and “The Get Away Driver”.”

-Scott Elliott, PCIL Executive Director

“Joe was really knowledgeable about helping people with disabilities navigate the system. If you were having difficulty with disability related problems, he would use his knowledge and connections to help you get results. When the going got tough, the tough would get Joe! He was an all-around good guy, the next person will have some big wheels to fill!”

-Patrice Jetter, Artist & Advocate

“Joe was the only State Director that I knew that would be in the field working actively with clients. It’s not because he didn’t have a team to do it. He loved it. He loved helping people. His biggest passion was helping get people out of nursing homes. He helped hundreds of people if not in the thousands. He would make the program work for the person. He cut red tape to make things work and always would think outside the box. He had a commanding presence. People either loved him or hated him but everyone respected him. He fought hard until the end, fought to get back to a place where he could help people once again. He got the ultimate promotion though and I have no doubt he is helping run the show up there helping people once again.”

-Lisa Killian-Smith, Director RIL

I have no doubt there are hundreds of people who echo the sentiments expressed here. All of us should be inspired by a life of service to the community, a drive to help for helping’s sake, and the fortitude to push through boundaries and perpetuate the efforts needed to really make a difference.
I was first inspired to become a DJ/Announcer by job shadowing at a Trenton Thunder baseball game as part of PCIL’s Career Gateway Program. The announcers who were doing play by play and color commentary were Adam Giardino and Jon Moses. They were really nice to me and I really enjoyed the experience. I was also inspired to be an announcer by listening to and watching Yankees play by play announcer Michael Kay, as well as other announcers like Dodgers play by play announcer Vin Scully and Yankees announcer Ken Singleton. If I became a sports announcer, I would be a play-by-play man because, although I’ve never played sports professionally, I have a great love for them. I also love listening to sports radio on WFAN 660, 101.9 FM, and WEPN 98.7 FM. Someday I would like to have my own sports talk radio show or be a DJ.

Last Spring I took a radio class at Mercer County Community College. Through this class I was able to apply for a DJ position with their radio station, Viking 89.1 FM. In the Spring, I DJ’ed for one hour on Tuesdays. I was also given the opportunity to DJ during the summer for two hours, one hour each on Mondays and Tuesdays. In the Spring and Summer I had the freedom to play the kind of music that I like, and the kind of music I played was Hard Rock, Classic Rock, Country Rock, Pop and Heavy Metal. While I am DJing, I give the station ID at the top of the hour and bottom of the hour, make two announcements such as for tutoring, financial aid, federal student aid, counseling, Hamilton Pal Football, Dream Vacations and other events that happen at the college. I also play two promotions for Viking 89.1 WWFM- HD3. The station is located on the campus of Mercer County Community College and can be listened to in a car that has HD radio or you can listen to it on the Internet via Tunein.

I got my start at announcing baseball games by announcing PCIL’s annual softball game for the last few years. I was so excited to be asked to do it, and I really enjoyed doing it. This past summer after my DJing experience at the college, I was asked to add baseball related music to the PCIL softball game. It was a really fun experience.

Currently I am a student in the DREAM Program at Mercer County Community College majoring in Communications. I am working towards a Communications degree at Mercer. Later this semester I plan on resuming DJing for my college radio station. I hope to get a job in the future DJing or announcing on the radio.
As we turn the corner from summer into fall, the leaves begin to change, temperatures begin to cool, and the Community Connections Recreation program continues to bring you fun, enriching, and engaging activities, centered around resources in our community.

Since the last edition of this regular feature we’ve had a number of great events! In July we held a photography workshop at Sayen Gardens in Hamilton. Participants got instructions on photographic themes, lighting, and composition, followed by an opportunity to explore the gardens and shoot photos of the wildlife and landscaping, each receiving a framed print of their favorite picture!

July also saw our annual PCIL Picnic at Mercer County Park. This year we brought back perennial favorite activities like the caricature artist & pontoon boat rides.

Continued on next page.
as well as new games, music, crafts, and more. I am proud to report we saw the best attendance yet to this long-standing PCIL tradition!

In August we held our 11th annual softball game on The Miracle League Field at the Hamilton YMCA Sawmill Branch. A little wet weather couldn’t stop the players and spectators from having a great time. After a short rain delay the game was on with a rainbow arching across the summer sky.

The last activity this go-round was a return to Mamma Rosa’s restaurant for great food and karaoke! It was a cool summer evening that was not without a little weather too, but it was still a lot of fun watching folks sing tunes from Disney, Broadway, country & rock hits, Frank Sinatra and others.

Please remember that the goal of our program is not only to offer an opportunity to meet new people and enjoy various activities, but also to educate people living with disabilities about the wide variety of recreational activities that exist in their communities. Nothing makes me prouder than to see someone and hear about how they had a great time going back to a location after going with us through the Community Connections program.

If you, or anyone you know, wants to get involved as a participant or volunteer please contact us. As the year continues we’ll have lots of great events to look forward to so keep your eyes peeled for those yellow flyers!
RAMP AQUARIUM TRIP

By Mary Davis

RAMP stands for the Ready to Achieve Mentoring Program, a high-tech, career-focused mentoring program for local youth. The RAMP model uses a combination of groups, peers, and one-on-one mentoring to promote successful transition of RAMP students to employment, continued learning opportunities, and independent living.

RAMP wanted to help the students learn and understand travel training, so we decided to take the NJ Transit Rail to the Adventure Aquarium. We met at the Trenton Train Station and our RAMP instructor showed the students how to buy the rail tickets, stamp them in for validation and how to read the various travel routes. We boarded the rail and were able to see so many sites while travelling into Camden, New Jersey. Upon arrival we got to see a private 3-D show that featured a safari in Okavango and the many African animals that reside there.

We also saw a 3D film about Sammy the turtle and his life adventures, something that generated a lot of interest and questions from the students. The youth, staff, and mentors then took part in an interactive scavenger hunt where they were given hints and had to connect them to different animals throughout the aquarium. Everyone was able to try out the new “Shark Bridge”, a walk across a rope bridge suspended above the...

Continued on next page.
huge Deep Realms exhibit. The students were both nervous and excited as they walked only inches above nearly 30 magnificent sand tiger sharks, sandbar sharks, nurse sharks, and other sea creatures. It was quite an experience, one I would definitely recommend!

Perhaps the most memorable part for the students were the “please touch” exhibits. It was touching to watch their eyes light up as they touched bamboo sharks and stingrays. We learned that the stingrays were in mating season which explained why the males were showing off by jumping out of the water. All of the students left with a sense of wonder and excitement. The day was topped off with a meal at Bain’s Deli before we boarded the train home. At the end of the trip we all exchange pictures before many of us drifted off for a nap on the ride home. The looks of excitement about learning and having new experiences all of the participants showed is something we are extremely proud of, and what the RAMP program is all about.

If you or someone you know is interested in becoming a mentor please contact The Progressive Center at (609) 581-4599 or info@pcil.org
The Career and Community Studies program, based at The College of New Jersey, is a post-secondary education program for people with intellectual and developmental disabilities from ages 18 to 21. In the program, you work with both professors and mentors in classrooms, study labs, internships, and at the housing to provide independent skills. It is a four year program that helps to build independence and to have a plan for the future. This program is a certificate program, not degree-bearing.

My name is Kyle, and I am a senior in the Career and Community Studies program at the College of New Jersey. I am also an intern at the Progressive Center for Independent Living. My sister introduced me to this type of program, and thought it would be the best fit for me. I applied for the first year, and did not get accepted, but I was put on the wait list for the following year, and was able to start in 2016. My first year was very nerve racking with getting back in the groove of homework, papers, etc. As time went on, this got easier because I knew what help I needed to succeed.

In my second year, I had to do a practicum on the campus. I worked with The Center for Sensory and Complex disabilities, and I had to take one TCNJ class, which was American Sign Language 101. I learned how to deal with having all of my CCS classes, as well as my TCNJ class. I do have some modifications, such as extra time for taking tests, and being able to have success with all the work that is given to me. In the spring semester, I also worked at the mailroom in Decker Hall, where I learned how to sort mail. Then, I continued ASL to 102, and completed it.

In my third year, I had another practicum with more hours, so I worked at the bookstore in Campus Town. This taught me how to organize things, and make sure everything goes to the right place. I also had two TCNJ classes, along with my CCS classes. I took Speech and Language 102, and ASL 103. This was much tougher to balance my time, and learn what I needed help with. I used lab time wisely to get help. In the spring, I had another practicum at the Athletic Trainer’s office. Learning skills that I wasn’t interested in was tough. I took another two TCNJ classes, one learning about the laws of Special Education, and one about the laws protecting and supporting the deaf and hard of hearing community, which talked about the benefit of the laws.

Finally in my senior year, I am working at two different internships, where I am at one location once a week, and the other twice a week, and my placements are The Progressive Center for Independent Living, and Marie H. Katzenbach School for the Deaf. These are for me to figure out what I want to do in the future. At PCIL, I am working under someone and getting flyers from other organizations. At MKSD, I am working with elementary and high school after-school programs to motivate and mentor the students. Over the years, it has gotten easier for me to advocate for myself the longer I have been in the program.
GATEWAYS TO SUCCESS CEREMONY
By Renee Pfaff

On October 2nd PCIL held a ceremony to congratulate the students who took part in our first round of Gateways to Success. In attendance were 11 of our students along with their family members, school personnel, and DVRS representatives. This program was funded through a grant by the Division of Vocational Rehabilitation Services (DVRS) and offered in-school session on self-advocacy, career exploration, work readiness, work based learning and counseling. During the summer months, students were assisted in acquiring either a paid part time job or an internship that offered a stipend along with (4) peer groups. After enjoying a lovely meal, Instructors Mary Davis and Laura Tapp provided awards for participation and achieving various incentive milestones.

We would like to congratulate the following individuals:

Students who completed 120 hours + internship/part time work:

- Bianca Dominquez
- Rasaan Page
- Shaquan Barksdale
- Bryan Situ
- Cameron Brown
- James Menendez
- Jayda Byrd
- Jonathan Rivera

Attended two or more summer Peer Groups:

- Frankie Gonzalez
- Rasaan Page
- Mehki Brown
- Alec McLeester
- Tiwayne Brimage Jr.
- Cameron Brown
- Erica Cohen
- Miranda Gallina
- Bryan Situ
- Shaquan Barksdale

Thank you to the businesses that provided internships or employment:

- Shop Rite
- Stop & Shop
- Independence Manor
- Music Box
- Valet Auto Wash
- Elms of Cranbury
- ENT Internship Program
- Bagel Junction
- PCIL
- Flemington Food Pantry
- Laundry Place
- Trenton Public Library
- Buzzetta’s Festival Foods
- Hunterdon Medical Center
- Hunterdon Care Center
- City of Trenton
- Run Free Ranch
- Target
- Rainbow Shops, Hamilton

Gateways to Success participants line up with their certificates of completion.
Customized, Creative Caregiving Program Comes to Mercer County

Mercer County continues to offer Skills2Care a proven, evidenced-based program to support dementia caregivers. Designed to help caregivers successfully deal with the daily challenges of caregiving, a specially trained occupational therapist is paired with a caregiver to create individual action plans that will build skills to manage behaviors that can cause caregiver distress.

Participation in the program is free of charge to family members and is a service being provided through the Mercer County Office on Aging and their subcontracted agency, Independent Domain. Skills2Care is part of regularly offered services through Title III funding of the Older Americans Act.

Continued on next page.
Skills2Care is a home-based, caregiver-centered, problem-solving oriented program. After an extensive assessment of current home safety, functioning level of the person with dementia and the emotional well-being of the caregiver, plans are made for a series of 3-6 additional visits. Each additional session will re-emphasize practicing of learned skills, stress reduction techniques and ways to enhance caregiver well-being. On-going education about the dementia process is offered.

The end result? Caregivers will learn new and creative ways to communicate with the person with dementia, understand and respond to dementia-related behaviors, simplify the home environment, and simplify everyday tasks creating a safe, meaningful home atmosphere for all. These skills will enhance caregiver confidence and well-being, while reducing caregiver stress.

To learn more about Skills2Care or to learn how this program can help you, kindly direct all inquiries to the Mercer County Office on Aging by calling 609-989-6661 or by email at adrc@mercercounty.org.

**REVIEWING YOUR LEGAL DOCUMENTS**

By Susan J. Knispel, Esquire

A Last Will & Testament, Power of Attorney and Advance Directive for Health Care are all documents which are part of an estate plan. Once you obtain important legal documents, it is also necessary to review and update them.

Legal documents generally do not have to be changed if there has been a change of address. However, if you move to another state as your permanent residence, you should take action to make sure your documents comply with the laws of the state where you reside.

Your Last Will & Testament is the legal document taking effect upon your death which distributes your personal property and real estate. Review is needed when there is a change in family composition. If there has been a death in the family, you should be sure you have designated an alternate beneficiary or executor. If the value of your estate has increased or decreased, you might decide to give out your estate in percentages instead of outright bequests. You may wish to change your designated executor (person in charge of probating the Will) if that person is now of advanced age and the responsibility of this position poses a burden. Probate is the administrative process which determines the validity of your Last Will and Testament and sets forth the steps needed to administer an estate.

Continued on page 14.
There also may have been a change in the law since your documents were drafted. Older Wills might have been drafted before the law allowed for self-proving documents. A self-proving Will has an affidavit attached signed by the testator and the witnesses that indicates the testator is over 18 years of age, of sound mind and executing the Will voluntarily. A self-proving Will avoids the task of having to find and bring the witnesses to the surrogate’s office to prove their signatures. Not having to locate the witnesses makes it easier to probate the Will. A Last Will & Testament prepared before 1978, as well as any Will executed after that date which is not self-proving, should be made self-proving. This does not mean your Will is invalid. It just means that there will be additional steps needed to probate it and making it self-proving will avoid those steps.

A Power of Attorney is a legal document wherein you can designate a person to handle your finances, or health care decisions, or both, while you are alive. It can take effect immediately or upon disability at a future date. It ceases to have legal authority upon your death and at that point your Last Will and Testament then becomes effective. You can appoint the same person as the executor in charge of probating your will and as your agent in your power of attorney, or you can appoint different people to these jobs. It is a good idea to review your Power of Attorney document to be sure all needed powers are in the document. Changes in the law sometimes dictate adding powers to a document. Since many Power of Attorney documents are effective upon disability, many years may elapse before the document is used. Therefore consistent review is needed.

The Health Insurance Portability and Accountability Act (HIPAA) set forth privacy rules which restrict the release of personal medical information. If a Power of Attorney documents authorizes the agent (person who will have authority to act for you) to have medical powers, that agent may not have access to...
all needed medical information unless the Power of Attorney contains language authorizing
the release of medical information consistent with HIPAA. Medical Power of Attorney
documents drafted in the past should be updated if it is the Principal’s (person granting the
power), desire that the agent have access to medical records. Power of Attorney documents
should also have all the powers needed so the agent can apply for public benefit programs,
sell real estate and set up trusts when needed.

An Advance Directive for Health Care (Living Will) is a legal document setting forth your
wishes as to whether you wish to continue or terminate life support measures in certain
situations. It should also be updated periodically. If you have been diagnosed with a serious
medical condition since you executed the document, it is an especially good idea to update
it. Since this document may direct an agent to carry out your wishes regarding life support
termination, it is especially important to make it clear that you drafted the document with
full knowledge of the medical challenges you might face due to your currently diagnosed
conditions.

The purpose of this article is to present a general overview of the reasons legal documents
may need to be changed or updated. It is not intended to be used as legal advice. Each
client’s situation is unique and merits individual legal advice from an attorney. Susan
Knispel is currently the Deputy Director of the Trenton office of Central Jersey Legal
Services, Inc.
The census is much more than just a head count. It provides a picture of our nation that helps determine where to build new schools, hospitals, and businesses; how federal funding is distributed; and how congressional seats are apportioned. It also helps us see how our communities have changed over time. That’s why an accurate count is so important.

UNDERSTANDING THE CENSUS
Once every decade, the federal government conducts a census of the entire population to count everyone in the United States and record basic information about them. Our nation’s founders believed this data was so important that they mandated the decennial census in the Constitution.

Easy and Convenient:
In 2020, for the first time ever, the U.S. Census Bureau will accept responses online, but you can still respond by phone or mail if you prefer.

Confidential and Secure:
Strict federal law protects your census responses. It is against the law for any Census Bureau employee to disclose or publish any census information that identifies an individual or business. Census Bureau employees take a lifelong pledge of confidentiality to handle data responsibly and keep respondents’ information private. The penalty for wrongful disclosure is a fine of up to $250,000 or imprisonment for up to 5 years, or both. No law enforcement agency (not the DHS, ICE, FBI, or CIA) can access or use your personal information at any time. Data collected can only be used for statistical purposes that help inform important decisions, including how much federal funding your community receives.

The Census Bureau will never ask for your Social Security number, bank or credit card account numbers, money or donations, or anything on behalf of a political party.

The Census Bureau has a robust cybersecurity program that incorporates industry best practices and federal security standards for encrypting data.

To make sure you and your community are counted, learn more about the 2020 Census by visiting 2020census.gov.
Social Security and Supplemental Security Income (SSI) benefits for nearly 69 million Americans will increase 1.6 percent in 2020, the Social Security Administration announced today.

The 1.6 percent cost-of-living adjustment (COLA) will begin with benefits payable to more than 63 million Social Security beneficiaries in January 2020. Increased payments to more than 8 million SSI beneficiaries will begin on December 31, 2019. (Note: some people receive both Social Security and SSI benefits). The Social Security Act ties the annual COLA to the increase in the Consumer Price Index as determined by the Department of Labor’s Bureau of Labor Statistics.

Some other adjustments that take effect in January of each year are based on the increase in average wages. Based on that increase, the maximum amount of earnings subject to the Social Security tax (taxable maximum) will increase to $137,700 from $132,900.

Social Security and SSI beneficiaries are normally notified by mail in early December about their new benefit amount. Most people who receive Social Security payments will be able to view their COLA notice online through their my Social Security account. People may create or access their my Social Security account online at www.socialsecurity.gov/myaccount. Information about Medicare changes for 2020, when announced, will be available at www.medicare.gov. For Social Security beneficiaries receiving Medicare, Social Security will not be able to compute their new benefit amount until after the Medicare premium amounts for 2020 are announced. Final 2020 benefit amounts will be communicated to beneficiaries in December through the mailed COLA notice and my Social Security’s Message Center. The Social Security Act provides for how the COLA is calculated. To read more, please visit www.socialsecurity.gov/cola.
FACT SHEET: 2020 SOCIAL SECURITY CHANGES

Cost-of-Living Adjustment (COLA):
Based on the increase in the Consumer Price Index (CPI-W) from the third quarter of 2018 through the third quarter of 2019, Social Security and Supplemental Security Income (SSI) beneficiaries will receive a 1.6 percent COLA for 2020. Other important 2020 Social Security information is as follows:

<table>
<thead>
<tr>
<th>Tax Rate</th>
<th>2019</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employee</td>
<td>7.65%</td>
<td>7.65%</td>
</tr>
<tr>
<td>Self-Employed</td>
<td>15.30%</td>
<td>15.30%</td>
</tr>
</tbody>
</table>

NOTE: The 7.65% tax rate is the combined rate for Social Security and Medicare. The Social Security portion (OASDI) is 6.20% on earnings up to the applicable taxable maximum amount (see below). The Medicare portion (HI) is 1.45% on all earnings. Also, as of January 2013, individuals with earned income of more than $200,000 ($250,000 for married couples filing jointly) pay an additional 0.9 percent in Medicare taxes. The tax rates shown above do not include the 0.9 percent.

<table>
<thead>
<tr>
<th>Quarter of Coverage</th>
<th>2019</th>
<th>2020</th>
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<tbody>
<tr>
<td>Social Security (OASDI only)</td>
<td>$132,900</td>
<td>$137,700</td>
</tr>
<tr>
<td>Medicare (HI only)</td>
<td>No Limit</td>
<td></td>
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<tr>
<td>Retirement Earnings Test Exempt Amounts</td>
<td>$1,360</td>
<td>$1,410</td>
</tr>
</tbody>
</table>

NOTE: One dollar in benefits will be withheld for every $2 in earnings above the limit.

| Beginning the month an individual attains full retirement age | None |

NOTE: One dollar in benefits will be withheld for every $2 in earnings above the limit.

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FACT SHEET: 2020 SOCIAL SECURITY CHANGES

Continued from previous page.

<table>
<thead>
<tr>
<th>Social Security Disability Thresholds</th>
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<tbody>
<tr>
<td>Substantial Gainful Activity (SGA)</td>
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<tr>
<td>Non-Blind</td>
</tr>
<tr>
<td>Blind</td>
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<td>Trial Work Period (TWP)</td>
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<table>
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<tr>
<th>Maximum Social Security Benefit: Worker Retiring at Full Retirement Age</th>
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<tbody>
<tr>
<td></td>
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<tr>
<td>$2,861/mo.</td>
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<thead>
<tr>
<th>SSI Federal Payment Standard</th>
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<tbody>
<tr>
<td>Individual</td>
</tr>
<tr>
<td>$771/mo.</td>
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<tr>
<td>Couple</td>
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<td>$1,157/mo.</td>
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<th>SSI Resource Limits</th>
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<td>Individual</td>
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<td>$2,000</td>
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<td>Couple</td>
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<td>$3,000</td>
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<th>SSI Student Exclusion</th>
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<tbody>
<tr>
<td>Monthly limit</td>
</tr>
<tr>
<td>$1,870</td>
</tr>
<tr>
<td>Annual limit</td>
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<tr>
<td>$7,550</td>
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<table>
<thead>
<tr>
<th>Estimated Average Monthly Social Security Benefits Payable in January 2020</th>
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<tbody>
<tr>
<td>All Retired Workers</td>
</tr>
<tr>
<td>$1,479</td>
</tr>
<tr>
<td>$1,503</td>
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<tr>
<td>Aged Couple, Both Receiving Benefits</td>
</tr>
<tr>
<td>$2,491</td>
</tr>
<tr>
<td>$2,531</td>
</tr>
<tr>
<td>Widowed Mother and Two Children</td>
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<tr>
<td>$2,935</td>
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<tr>
<td>Aged Widow(er) Alone</td>
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<td>$1,398</td>
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<tr>
<td>$1,421</td>
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<tr>
<td>Disabled Worker, Spouse and One or More Children</td>
</tr>
<tr>
<td>$2,144</td>
</tr>
<tr>
<td>$2,178</td>
</tr>
<tr>
<td>All Disabled Workers</td>
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<td>$1,238</td>
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<tr>
<td>$1,258</td>
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</tbody>
</table>

This press release was produced and disseminated at U.S. taxpayer expense.
PRIDE IN OUR WORK...AND OUR PUMPKINS!

Recently all of the staff at PCIL participated in a team building exercise where groups of three staff had to collaborate on the creation of a decorated pumpkin. Check out the results!

UPCOMING RECREATION EVENTS

An improvisational workshop with the SKIT Program
The Annual PCIL Holiday Party